

# ABSTRACT GRAFFITI ART WORKSHOPS WITH KEV WAITE

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Inspire Creativity. Support Wellbeing.  
Enrich Learning.

April 2026





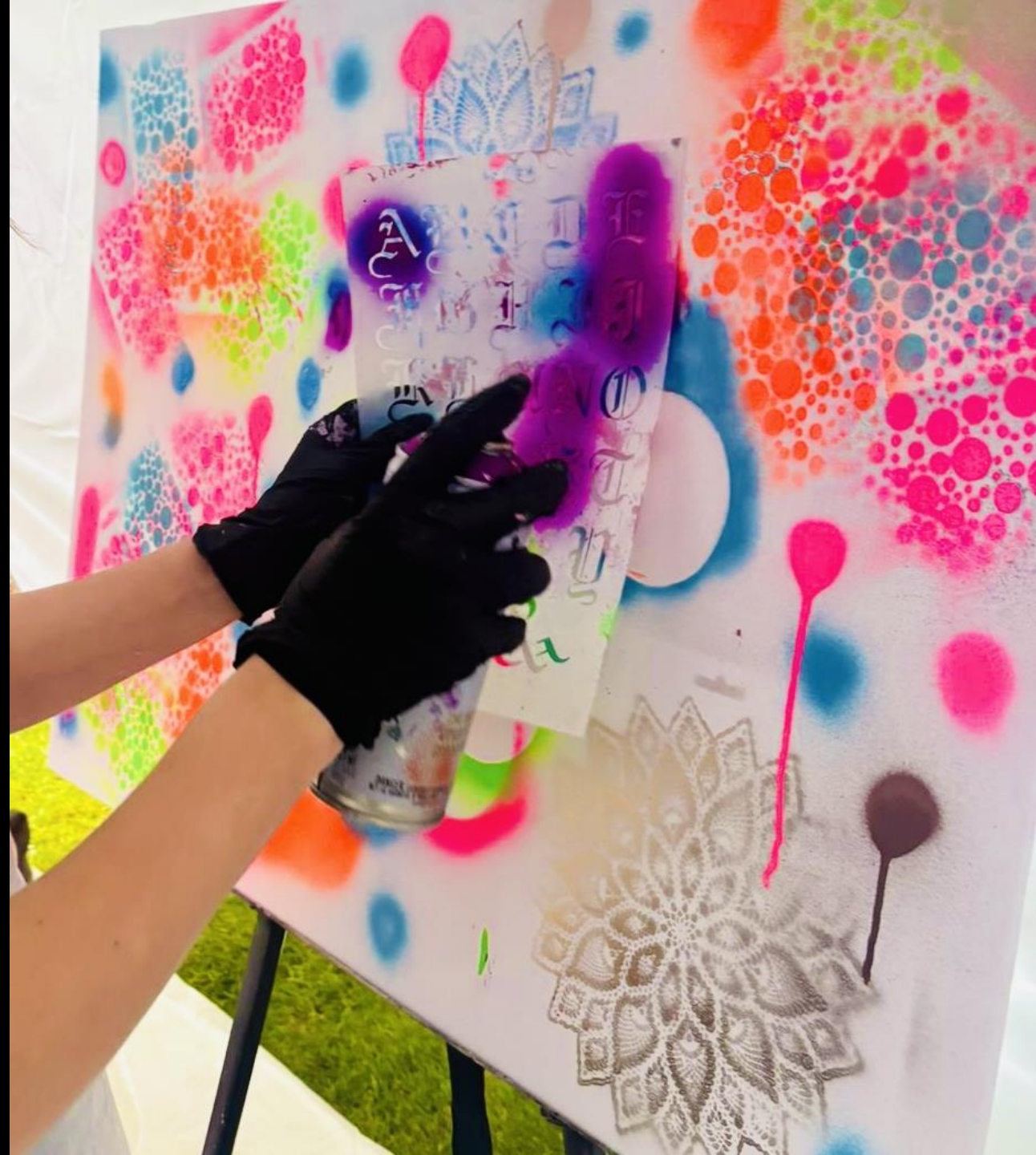
## Creativity that connects with learners

Our Abstract Graffiti Art Workshops offer a fresh, inclusive and accessible way to engage young people through creative expression.

Using dynamic, hands-on techniques with spray paint and acrylics, these workshops create opportunities for students to explore art beyond the classroom, develop confidence, and understand the power of creativity.

# What students gain

- **Creative Confidence:** Explore new art forms and take creative risks in a safe space.
- **Emotional Expression:** Use abstract art as a tool for expressing feelings and experiences.
- **Wellbeing Support:** Learn how creative activities promote positive mental health.
- **Inspiration:** Hear from a professional artist with lived experience of addiction and mental health challenges.
- **Teamwork & Inclusion:** Work collaboratively, celebrate diverse ideas and build classroom connection.





# Why creativity matters in education

Creativity isn't just for artists – it's essential for developing:

- **Critical thinking & problem-solving skills** by helping to see challenges from fresh angles and find novel solutions.
- **Confidence & resilience**, to help navigate uncertainty more effectively.
- **Positive mental health**, through mindful engagement.
- **Collaboration & Communication**, especially in diverse groups. Creativity enables the sharing of ideas, stories, and emotions - deepening personal and cultural understanding.
- **Self awareness & self-expression** in young people.
- **Workplace skills**. Creative thinking leads to better products, smarter strategies, and competitive advantage.



# About the artist

Kev is a UK-based fine artist with a BA (Hons) in Fine Art and a background in health and wellbeing coaching for both adults and children.

His personal story — overcoming childhood addiction and diagnoses of Bipolar Disorder, and Functional Neurological Disorder — brings depth and meaning to every session. Kev always found solace in the art room and through creativity, Kev has found strength and now empowers others to do the same.

He has exhibited nationally (including London's Brick Lane Gallery) and regularly delivers inspiring sessions in both corporate and educational spaces.

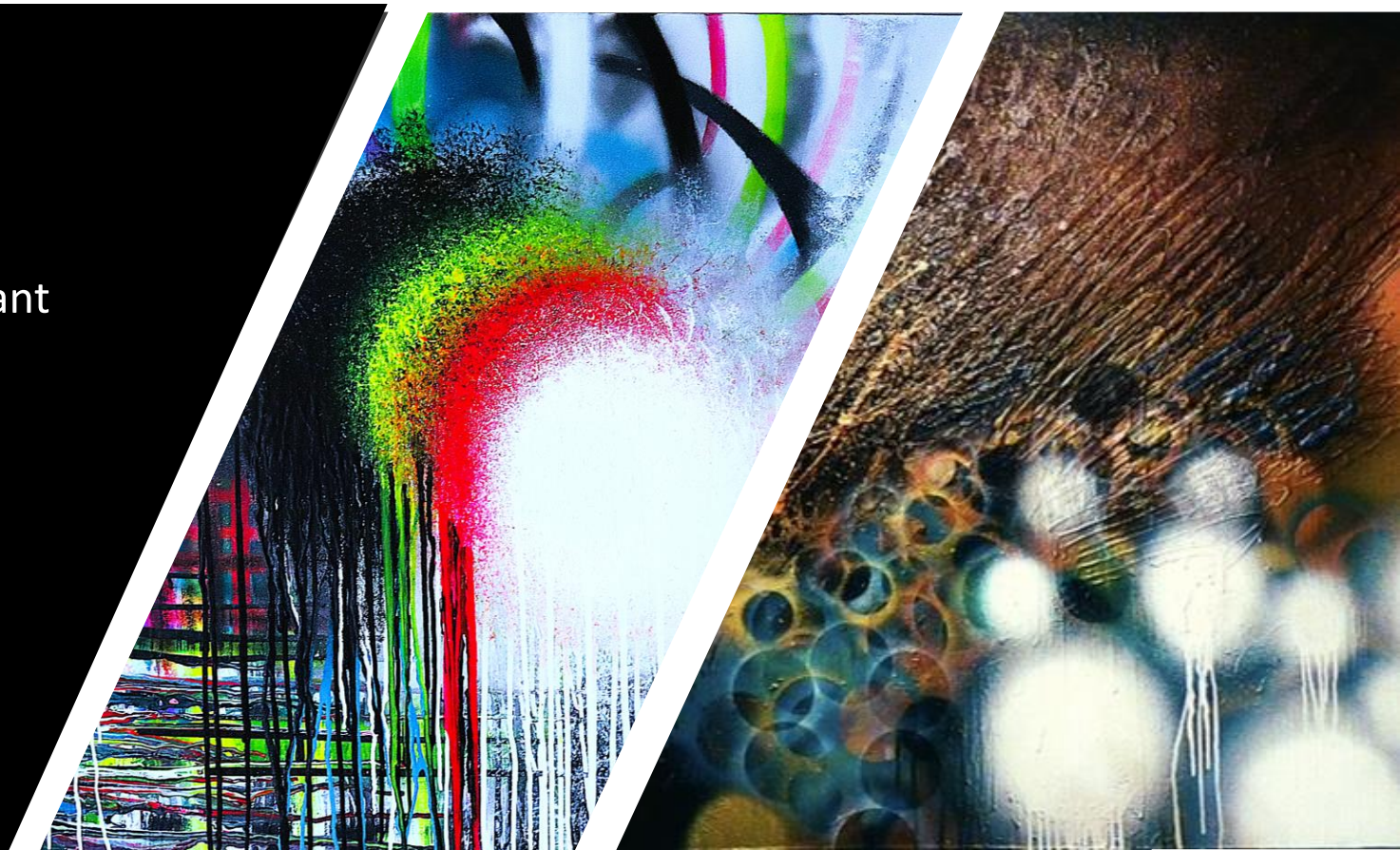


# Kev's artwork

Creating abstract work has become an important tool for Kev to express his emotions and find escapism from mental illness.

Examples of Kev's artwork:

- [www.movemindandbody.co.uk/ARTWORK](http://www.movemindandbody.co.uk/ARTWORK)
- Instagram: @kev\_waite\_artist\_page
- Facebook: kevin.waiteart





# Workshop overview

Each session is tailored to suit your curriculum, space and schedule. A typical 2-hour structure includes:

- Welcome and artist introduction
- Introduction to abstract art and key techniques
- Acrylic and/ or Spray Paint demonstration & practice
- Kev's personal mental health story & creative insights
- Artwork completion
- Class showcase & group reflection



# What's included

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All high-quality art materials

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PPE (masks and gloves) and full safety setup

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Ground and wall protection (for indoor sessions)

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Gazebo and ground protection (for outdoor sessions)

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Each students completed artwork

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Full risk assessment

# Testimonials

*“What a great workshop and wonderful teacher!”*

*“My son loves having his art on his bedroom wall at home!”*

*“Beautiful experience, with a lot of meaning, good example of how art can help and support someone”*

*“Kev was easy to deal with – a smooth booking process, communication throughout and we really felt we got value for money”*

*“As someone who is not creative I was very impressed by this workshop. I produced a piece of work I was proud of with the help of Kevin, who was very professional. Kevin guided, coached and taught us all to produce the most wonderful masterpieces”*





Ready to inspire  
your learners?

Let's bring creativity into  
your environment in a  
powerful and meaningful  
way.

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